UHealth UNIVERSITY OF MIAMI HEALTH SYSTEM | FITNESS AND WELLNESS CENTER

JHS EMPLOYEES AND FAMILY MEMBERS

Become a member today and enjoy a clean and spacious facility with plenty of equipment to meet your needs!

**"Really enjoyed my workout.
The safety protocols in place are easy to follow.
You guys did a great job!"**

Individual Member: $45 | Member+1: $80 | Member+2: $115
Initiation Fees Waived | Cancel Anytime



FACILITY ACCESS BY RESERVATION

Online reservations required. We close twice a day for cleaning, require masks for entry, and enforce physical distancing.

IN-PERSON & VIRTUAL PERSONAL TRAINING

Your initial consult is free!
In-person sessions are available to JHS employees.
Visit **WELLNESS.MED.MIAMI.EDU** to learn more.



VIRTUAL GROUP FITNESS CLASSES

Practice yoga, dance Zumba, or channel your inner athlete all in one week! Purchase a virtual membership or pay per class.
Visit **WELLNESS.MED.MIAMI.EDU** to learn more.



JOIN TODAY!

Contact us at **305.243.7662** or
medwellness@med.miami.edu

UHealth Fitness & Wellness Center
Don Soffer Clinical Research Building Garage
1130 NW 14th Street, 12th Floor
Miami, FL 33136