



Fax: 305-355-2324 ■ JHSFieldOffice@fbmc.com

2026 JACKSON HEALTH SYSTEM

Benefit Selection Form for Flexible Benefits,
Group Medical, Dental, and Vision Plans

PLEASE WRITE IN ALL CAPITAL LETTERS

SECTION 1: EMPLOYEE INFORMATION

LAST NAME

FIRST NAME

MI

SS#

ADDRESS [STREET, CITY, STATE]

ZIP

HOME PHONE/CELLPHONE

EMAIL ADDRESS

ANNUAL SALARY

WORK LOCATION

Total Rewards Menu Option: ☐ Yes ☐ No

BIRTH DATE

EMPLOYEE ID #

☐ MALE
☐ FEMALE
☐ NON-BINARY

☐ MARRIED
☐ SINGLE

DATE HIRED

ENROLLMENT STATUS (CHECK ONE)
☐ OPEN ENROLLMENT ☐ APPEAL ☐ SUPERSEDE ☐ CHANGE IN STATUS
DATE OF QUALIFYING EVENT -- / -- / -- --

FOR OFFICE USE ONLY
EFFECTIVE DATE:

PAYROLL EFFECTIVE DATE:

SECTION 2:

☐ Waive Medical ☐ Waive Dental ☐ Waive Vision

(Please mark one box only.)

Bi-weekly rates for:

Employee Only

Employee & Child(ren)*

Employee & Spouse / Domestic Partner

Employee & Family

MEDICAL

☐ Pretax ☐ Post-Tax ☐ \$50 Non-Wellness Surcharge

JACKSON FIRST HMO

JACKSON SELECT HMO PLAN*

JACKSON POS PLAN*

☐ \$0.00

☐ \$105.00

☐ \$120.00

☐ \$160.00

☐ \$63.67

☐ \$217.64

☐ \$256.33

☐ \$364.62

☐ \$191.01

☐ \$485.60

☐ \$585.28

☐ \$1,011.74

☐ JACKSON RIDER BENEFIT: \$45

Dependents Only

DENTAL

☐ Pretax ☐ Post-Tax

- Standard -

DHMO PPO

- Enriched -

DHMO PPO

Employee Only

Employee & One Dependent

Employee & Family

☐ \$0.00

☐ \$2.93

☐ \$6.82

☐ \$0.00

☐ \$17.05

☐ \$38.15

☐ \$2.54

☐ \$7.89

☐ \$16.09

☐ \$4.90

☐ \$27.70

☐ \$55.32

VISION

☐ Pretax ☐ Post-Tax

Employee Only

Employee & One Dependent*

Employee & Family*

BASE

PREMIER

☐ \$1.91

☐ \$3.83

☐ \$7.03

☐ \$4.59

☐ \$9.87

☐ \$19.06

SECTION 3: EMPLOYEE & DEPENDENT INFORMATION

(YOU MUST LIST A PRIMARY CARE PHYSICIAN (PCP #) BELOW, IF SELECTING MEDICAL COVERAGE FOR YOU AND YOUR DEPENDENTS)

Relationship

M/F/N

Last Name/First Name

Social Security Number

✓

Coverage Desired

DOB

PCP #

Check One*

MEDICAL

DENTAL

VISION

HOSPITAL INDEMNITY

ACCIDENT INSURANCE

CONSTANT CREDIT

MM/DD/YY

DP

CDP

AC

SECTION 4: FLEXIBLE SPENDING ACCOUNTS*

YOU MUST COMPLETE THIS SECTION IF YOU WISH TO PARTICIPATE IN EITHER OR BOTH SPENDING ACCOUNTS FOR 2025.

☐ I elect to contribute this amount each pay period to my Healthcare Spending Account. ☐ Cancel Coverage

\$

☐ I elect to contribute this amount each pay period to my Dependent Care Spending Account. ☐ Cancel Coverage

\$

* PLEASE REFER TO PAGES INSIDE YOUR BENEFITS REFERENCE GUIDE FOR FEE INFORMATION.

SECTION 5: POST-TAX PRODUCTS

ARAG Legal - Ultimate Advisor

ARAG Legal - Ultimate Advisor Plus

☐ Employee Only \$6.20

☐ Employee Only \$8.34

☐ EE + Family \$8.18

☐ EE + Family \$11.00

☐ Cancel

☐ Cancel

\$

\$

Group Hospital Indemnity*

Group Accident Coverage

☐ Low ☐ Medium ☐ High ☐ Cancel Coverage

☐ Employee Only ☐ Employee & Spouse ☐ Employee & Child(ren) ☐ Employee & Family

☐ Low Plan ☐ High Plan ☐ Cancel Coverage

☐ Employee Only ☐ Employee & Spouse ☐ Employee & Child(ren) ☐ Employee & Family

* PLEASE PROVIDE DEPENDENT INFORMATION IN SECTION TWO IF ELECTING DEPENDENT COVERAGE.

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Group Critical Illness*

☐ Employee Only ☐ Employee & Spouse ☐ Employee & Child(ren) ☐ Employee & Family

☐ \$10k ☐ \$15k ☐ \$20k ☐ \$25k ☐ \$30k ☐ Cancel

☐ Tobacco ☐ Non Tobacco

Ocenture ID Commander

Ocenture ConstantCredit

Pet Assure

PETplus

Pet Assure/PETplus

Health Consumer/Fertility & Family Planning

SECTION 6: DISABILITY INCOME PROTECTION* (Employee Coverage Only)

A. I elect the following coverage for 2025 (If you are currently enrolled in this benefit, do not answer the questions in B.)

Short-Term Disability

Long-Term Disability

☐ Option I ☐ Option II

☐ Buy-Up Plan (For Companies 150, 200, 300,350)

☐ Add ☐ Cancel Coverage

☐ Add ☐ Cancel Coverage

\$

\$

B. To add coverage you must answer the following questions, unless this is your first eligibility period.

1. Have you been actively working on a full-time basis, or if part time, at least 30 hours a week for the past 90 days (excluding vacation days) ☐ YES ☐ NO

2. Have you been hospitalized (in-patient) in the past 12 months? ☐ YES ☐ NO

*Please refer to pages inside your Benefits Reference Guide for fee information.

☐ Check here if you list additional children on a separate sheet. Staple sheet to your Selection Form.

Are you or any of your dependents covered under any other medical plan? ☐ YES ☐ NO If yes, please explain. _____

Is your Spouse/Domestic Partner and or child(ren) employed by JHS and eligible for benefits? ☐ YES ☐ NO

IMPORTANT

- I certify that the information supplied in this application is true to the best of my knowledge.
- I hereby authorize my employer to reduce my gross salary before Federal income and Social Security taxes are calculated by the total amount of salary reduction indicated above in the selections made in Section 1, 3 & 5.
- I understand the contribution to my Social Security account may be reduced since contributions will be based on my income after reduction.
- I understand that the funds in one Flexible Spending Account cannot be used to reimburse expenses covered by another account.
- I understand that expenses for which I am reimbursed cannot be claimed on my income tax returns, nor are they eligible for coverage under any other insurance plan.
- I understand that the amount of salary reduction will include the items specified above and will continue in effect through-out 2025, unless I terminate employment or file an approved Change In Status, through the FBMC Office, before the end of the plan year.
- I understand and agree that my employer and FBMC Benefits Management, Inc. will not incur any liability resulting from my failure to sign or accurately complete this Selection Form.

- I understand that all dependent children may be covered until the end of the calendar year in which the child reaches the age of 26.
- I understand that if a dependent has a different last name than mine, legal documents evidencing dependent status must be submitted to the group plans within 30 days of the coverage effective date. Failure to supply documentation may make the dependent ineligible for coverage and premiums are not refundable.
- I agree for myself and covered members of my family to be bound by the benefits, deductibles, copayments, exclusions, limitations, and other items of the Contracts, Agreements, and Plan Documents.
- I hereby authorize my employer to deduct from my pay any premiums for the benefits I elect.
- Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree, F.S. Section 817.234(1)(b).
- I certify that: 1) I will only use my FSA to pay for IRS-qualified expenses eligible under my employer's plan, and only for me and my IRS-eligible dependents; 2) I will exhaust all other sources of reimbursement, including those provided under my Employer's plans before seeking reimbursement from my FSA; 3) I will not seek reimbursement through any additional source, and 4) I will collect and maintain sufficient documentation to validate the foregoing.

EMPLOYEE SIGNATURE

DATE

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