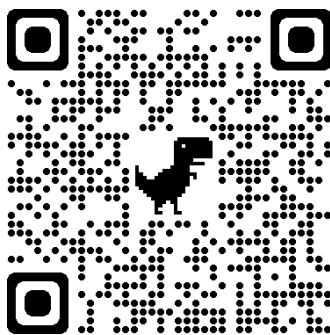


TAKE A BREAK THURSDAYS

VIRTUAL MEDITATION FOR MEDICAL CAREGIVERS

**Thursdays
4:30 - 4:45 PM EST
on Zoom**

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